

Sunday

Monday

Tuesday

Wednesday

Thursday




Friday

Saturday

January 2025

~ Location and activity times are subject to change~
Wishing you all the best in 2025!



<p>E</p> <p>9:30 Animal Matching (H)</p> <p>10:30 Pool Noodle Badminton (C)</p> <p>2:15 January Crossword (C)</p> <p>3:15 Puzzles (H)</p>	<p>5 L/W</p> <p>10:00 Exercise Class (C)</p> <p>10:30 Music Therapy (H)</p> <p>11:30 Exercise Class (H)</p> <p>2:15 Spelling Challenge (C)</p> <p>3:15 Hand Massages (H)</p>	<p>6 L/W</p> <p>10:00 Baking (AR)</p> <p>3:30 Short Stories (H)</p>	<p>7 L</p> <p>10:30 Pastoral Visits w/ Pastor Jeff Sager (H)</p> <p>2:30 Church Service w/ Pastor Jeff (AR)</p>	<p>1 E/W/L</p> <p>9:30 Friendly Visits (H)</p> <p>10:30 Stained Glass Vases (AR)</p> <p>10:30 Music Therapy (H)</p> <p>2:00 Music Therapy (C)</p> <p>2:15 Afternoon Fun w/ Winona (H)</p> <p>3:15 Hymn Sing (FL)</p>	<p>2 E/L</p> <p>9:30 Colour Therapy (H)</p> <p>10:30 Morning Manicures (C)</p> <p>2:00 Musical Entertainment w/ Beth Finch (H)</p> <p>2:15 Lucky Roll (C)</p> <p>6:00 Cards (C)</p>	<p>3 E</p> <p>10:00 Exercise Class (C)</p> <p>11:30 Exercise Class (H)</p> <p>2:15 Bingo (C)</p> <p>3:30 Afternoon Visits (H)</p>
<p>E</p> <p>9:30 Animal Matching (H)</p> <p>10:30 Pool Noodle Badminton (C)</p> <p>2:15 January Crossword (C)</p> <p>3:15 Puzzles (H)</p>	<p>5 L/W</p> <p>10:00 Exercise Class (C)</p> <p>10:30 Music Therapy (H)</p> <p>11:30 Exercise Class (H)</p> <p>2:15 Spelling Challenge (C)</p> <p>3:15 Hand Massages (H)</p>	<p>6 L/W</p> <p>10:00 Baking (AR)</p> <p>3:30 Short Stories (H)</p>	<p>7 L</p> <p>10:30 Pastoral Visits w/ Pastor Jeff Sager (H)</p> <p>2:30 Church Service w/ Pastor Jeff (AR)</p>	<p>8 E</p> <p>10:30 Music Therapy (H)</p> <p>2:00 Music Therapy (C)</p> <p>2:00 Catholic Mass (KR)</p> <p>2:30 True or False (C)</p> <p>3:30 Hymn Sing (FL)</p> <p>6:00 Dog Visits w/ Lexi (C) (H)</p>	<p>9 E</p> <p>2:00 Musical Entertainment w/ Beth Finch (H)</p> <p>2:15 Wheel of Fortune (C)</p> <p>6:15 Cards (C)</p>	<p>10 E</p> <p>10:00 Exercise Class (C)</p> <p>11:30 Exercise Class (H)</p> <p>3:30 Puzzles</p>
	<p>12 E</p> <p>10:00 Exercise Class (C)</p> <p>10:30 Music Therapy (H)</p> <p>11:30 Exercise Class (H)</p> <p>2:15 Brain Games (C)</p>	<p>13 E/W</p> <p>10:00 Paint Day Tree of Life (AR)</p> <p>1:30 Sensory Cart (H)</p> <p>2:00 Communion w/ Pastor Jeff (KR)</p> <p>3:00 Paint Day Tree of Life Part 2 (AR)</p> <p>6:00 Cards (C)</p>	<p>14 E/W</p> <p>Men's Breakfast (AR)</p> <p>10:00 Exercise Class (C)</p> <p>10:30 Balloon Volleyball & Tennis(H)</p> <p>11:30 Exercise Class (H)</p> <p>1:30 Resident's Council (AR)</p> <p>2:15 Afternoon Games (C)</p> <p>3:30 Fun & Games (H)</p>	<p>15 W</p> <p>10:30 Music Therapy (H)</p> <p>2:00 Music Therapy (C)</p> <p>2:30 Individual Book Reading(H)</p> <p>3:15 Hymn Sing (FL)</p> <p>4:00 Spiritual Visit w/ Hand Massages (C)</p> <p>6:00 Dog Visits w/ Lexi (C) (H)</p> 	<p>16 E</p> <p>Shopping at Giant Tiger</p> <p>2:00 Musical Entertainment w/ Beth Finch (H)</p> <p>6:15 Board Games (C)</p>	<p>17 E</p> <p>10:00 Exercise Class (C)</p> <p>11:30 Exercise Class (H)</p> <p>2:15 Jeopardy (C)</p> <p>3:30 Sorting Game (H)</p>
<p>E</p> <p>9:30 Manicures (H)</p> <p>10:30 Manicure & Hand Massages (C)</p> <p>2:00 Afternoon Movie: Casablanca (C)</p> <p><small>Activity Professionals Week</small></p>	<p>19</p> <p>10:00 Exercise Class (C)</p> <p>10:30 Music Therapy (H)</p> <p>11:30 Exercise Class (H)</p> <p>2:00 Rhythm Group (C)</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>20 L</p> <p>2:00 Bible Study w/ Norman (KR)</p>	<p>21 L</p> <p>9:30 Pastoral Visits w/ Pastor Jeff Sager (C) (H)</p> <p>2:30 Church Service w/ Pastor Jeff Sager (AR)</p>	<p>22 W</p> <p>10:00 Bread Making (AR)</p> <p>10:30 Music Therapy (H)</p> <p>2:00 Music Therapy (C)</p> <p>3:15 Hymn Sing (FL)</p> <p>3:30 Pinecone Bird Feeders (AR)</p>	<p>23 W</p> <p>10:00 Games w/ Winona (H)</p> <p>2:00 Musical Entertainment w/ Beth Finch (H)</p> <p>2:30 Men's Program (AR)</p>	<p>24 L</p> <p>10:00 Exercise Class (C)</p> <p>11:30 Exercise Class (H)</p> <p>2:15 Word Challenge (C)</p>
<p>L</p> <p>9:30 Montessori (H)</p> <p>2:00 January Birthday Celebration! (C)</p>  <p><small>Australia Day (Observed)</small></p>	<p>26 E/W</p> <p>10:00 Exercise Class (C)</p> <p>10:30 Music Therapy (H)</p> <p>10:30 Spiritual Visit (C)</p> <p>11:30 Exercise Class (H)</p> <p>2:00 Chocolate Making (AR)</p> <p>2:15 Who Am I? (C)</p> <p>Wear Your Favourite Costume Day!</p>	<p>27 E/L</p> <p>1:15 Beach Ball Toss (H)</p> <p>2:00 Church Service w/ Rev. Rob (KR)</p> <p>3:00 Afternoon Cards (C)</p> <p>6:00 Evening Visits (H)</p>	<p>28 E/L</p> <p>Ladies Breakfast (AR)</p> <p>10:00 Exercise Class (C)</p> <p>11:30 Exercise Class (H)</p> <p>2:15 Chinese New Year Social (AR)</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>29 L/W</p> <p>Lunch at Demetries</p> <p>10:00 Snowman Craft (H)</p> <p>3:00 Crafts (AR)</p> <p>6:00 Paint Night (AR)</p>	<p>30 W</p> <p>1:30 1:1 Spiritual Visits w/ Winona (C) (H)</p> <p>2:00 Musical Entertainment w/ Beth Finch (H)</p> <p>6:30 Bingo (C)</p>	<p>31 Legend</p> <p>AR -Activity Room C - Colonial FL – Front Lobby GW – Greenway H – Heritage</p> <p>L - Laura E - Elizabeth W - Winona</p>

Please note all outings are on a first come first served basis. If interested, please speak with the recreation staff. Thank you!