



Planning Ahead for End of Life

Conversations Worth Having -

<https://advancecareplanning.hospicewaterloo.ca/>

[Waterloo Wellington Advance Care Planning](#)

A website with recorded virtual sessions, videos, information and resources contact Hospice Waterloo Region to book a free 1:1 session about Advance Care planning or to schedule a public presentation for your faith group, community organization/club or workplace 519-743-4114

- www.speakupontario.ca Ontario website for ACP. Helpful videos and online downloadable workbook with a number of resources available in other languages This website is provided by Hospice Palliative care Ontario www.hpco.ca -a wealth of resources including videos for numerous end of life issues. (nav.dhillon.@hpco.ca)
- The Conversation Project- USA- the Conversation Project is a public engagement initiative of the Institute For Health Improvement (IHI). Visit website for a variety of engaging and informative videos and materials that are public friendly and well worth a watch. Note that American law does differ from Ontario
<https://theconversationproject.org>
- www.advancecareplanning.ca National ACP program . As legislation across provinces can differ, please ensure you search for Ontario specific materials. The site does include the "Speak Up Workbook" for Ontario (print and online)
- www.dyingwithdignity.ca Please ensure you select material that is Ontario specific. This website does have its own Ontario Tool Kit, patient rights booklet and does provide information and discussion of MAiD (Medical Assistance in Dying)