

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 10:00 New Year's Resolutions  2:00 Balloon Volleyball  <small>New Year's Day</small>	<b>2</b> 10:00 Community Time (with Avery)  2:00 Reminisce Game  7:00 Henry Winter Music - Aud	<b>3</b> 10:00 Brush to Canvas  11:00 Chapel  2:00 Sing-a-long with Susie Q	<b>4</b> 10:00 Get to Know You (with Avery)  2:00 Cranium Crunches  6:00 Name the Bird Call	<b>5</b> 10:00 Story Time (with Avery)  2:00 Reminisce Time (with Avery)	<b>6</b> 10:00 Mindful Movement - CL  2:00 What's in the News Saturday
<b>7</b> 10:00 I Spy Walking  2:00 Word Games	<b>8</b> 10:00 Undeck the Halls  2:00 Water Painting	<b>9</b> 10:00 Get to Know You (with Avery)  2:00 Undeck the Halls  7:00 Music with Pianist Jon - Aud	<b>10</b> 10:00 Bingo  11:00 Chapel  2:00 Resident's Council – Aud	<b>11</b> 10:00 Reminisce Time (with Avery)  2:00 Nightingale Chorus  6:00 What's in the Sock	<b>12</b> 10:00 Mindful Movement (with Avery) – CL  11:00 Bible Study  2:00 Story Time (with Avery)	<b>13</b> 10:00 Armchair Travel – Aud  2:00 Crokinole
<b>14</b> 10:00 Parachute Games  2:00 St. Andrews Presbyterian Church Service – Aud	<b>15</b> 10:00 Mindful Movement (with Avery) – CL  2:00 Sensory Time (with Avery)  <small>Martin Luther King Jr. Day</small>	<b>16</b> 10:00 Community Time (with Avery)  2:00 Ice Cream Tuesday  7:00 Music - Waterloo Regional Police Ceremonial Band – Aud	<b>17</b> 10:00 Baking Gingerbread Boys  11:00 Chapel  2:00 Save the Snowman	<b>18</b> 10:00 Get to Know You (with Avery)  2:00 January Birthday Party – Aud  6:00 Name Ten	<b>19</b> 10:00 Active Games  11:00 Bible Study  12:00 Dining in Lunch Program  2:00 Board Games	<b>20</b> 10:00 Self Care Saturday  2:00 Self Care Saturday
<b>21</b> 10:00 Bowling  2:00 Lutheran/Anglican Church – Aud  <small>Activity Professionals Week</small>	<b>22</b> 10:00 Armchair Travel – Aud  2:00 Photobombing	<b>23</b> 10:00 Get to Know You (with Avery)  2:00 Poets' Society  7:00 Music with Steve Todd – Aud	<b>24</b> 10:00 Swing Bowling  11:00 Chapel  2:00 Bingo – Aud  <small>Tu B'Shevat Begins</small>	<b>25</b> 10:00 Community Time (with Avery)  2:00 Catholic Mass – CL  2:15 Just for Fun Music – Aud  6:00 Trivia	<b>26</b> 10:00 Mindful Movement (with Avery) – CL  11:00 Bible Study  2:00 Story Time (with Avery)  <small>Australia Day (Observed)</small>	<b>27</b> 10:00 Saturday Favorite – 1  2:00 Crokinole
<b>28</b> 10:00 Men's Club  2:00 Church Service with Pastor Greg – Aud	<b>29</b> 10:00 What's in the News with Avery)  2:00 Craft (with Avery)	<b>30</b> 10:00 Community Time (with Avery)  2:00 Reader's Club  7:00 Music with John Weibe - Aud	<b>31</b> 10:00 Noodle Hockey  11:00 Chapel  12:00 Hawaiian Lunch  2:00 Hawaiian Party with Music by Paula Fewkes – Aud	<div> <div>January 2024</div> <div>A New Year Full of Opportunities and Blessings</div> </div>		

Program times and availability may change to accommodate the needs of the residents.